

EUROPEAN ATHLETICS CHAMPIONSHIPS TIMETABLE

7-12 JUNE 2024

STADIO OLIMPICO ROMA

as of 04 June 2024

DAY 1 | FRIDAY 7 JUNE

	MORNING SESSION		
09:35	Discus Throw	М	QA
09:40	100m H Hep	W	
10:03	Shot Put	W	QA
10:03	Shot Put	W	QB
10:10	100m H	W	R1
10:40	110m H	М	R1
10:55	Discus Throw	М	QB
11:10	Triple Jump	W	Q A+B
11:35	High Jump Hep	W	A+B
11:45	1500m	W	R1
12:15	Discus Throw	W	QA
12:20	800m	М	R1
12:55	Long Jump	М	Q A+B
13:05	3000m SC	W	R1
13:35	Discus Throw	W	QB

	EVENING SESSION		
18:35	20km Race Walk	W	Final
18:40	Shot Put Hep	W	A+B
19:55	Shot Put	М	QA
19:55	Shot Put	М	QB
20:30	High Jump	W	Q A+B
21:00	Discus Throw	М	Final
21:10	100m	М	R1
21:33	Shot Put	W	Final
21:45	200m Hep	W	
22:20	4x400m Relay Mixed	Х	Final
22:40	5000m	W	Final

DAY 2 | SATURDAY 8 JUNE

MORNING SESSION			
10:05	Hammer Throw	М	QA
10:10	3000m SC	М	R1
10:40	Pole Vault	W	Q A+B
10:50	100m	W	R1
11:30	Hammer Throw	М	QB
11:45	400m	М	R1
12:10	Long Jump Hep	W	A+B
12:20	400m	W	R1

18:00	20km Race Walk	М	Final
18:05	Javelin Throw Hep	W	Α
19:20	Javelin Throw Hep	W	В
19:50	800m	М	SF
20:06	Long Jump	М	Final
20:12	100m H	W	SF
20:38	110m H	М	SF
21:02	Shot Put	М	Final
21:10	100m	М	SF
21:37	Discus Throw	W	Final
21:43	800m Hep	W	Final
22:08	100m H	W	Final
22:18	110m H	М	Final
22:28	5000m	М	Final
22:53	100m	М	Final

DAY 3 | SUNDAY 9 JUNE

MORNING SESSION			
09:00	Half Marathon	М	Final
09:30	Half Marathon	W	Final
10:05	Hammer Throw	W	QA
10:45	Triple Jump	М	Q A+B
11:30	Hammer Throw	W	QB
11:35	High Jump	М	Q A+B
11:50	200m	М	R1
12:40	400m H	W	R1
13:20	400m H	М	R1

	EVENING SESSION		
20:05	400m	W	SF
20:28	High Jump	W	Final
20:38	400m	М	SF
21:04	Triple Jump	W	Final
21:10	Hammer Throw	М	Final
21:13	100m	W	SF
21:39	200m	М	SF
22:04	3000m SC	W	Final
22:27	800m	М	Final
22:40	1500m	W	Final
22:53	100m	W	Final

DAY 4 | MONDAY 10 JUNE

	MORNING SESSION	ı		
10:05	100m Dec	М		
10:18	Pole Vault	М	Q A+B	
10:25	Javelin Throw	W	QA	
10:35	200m	W	R1	
11:05	Long Jump Dec	М	A+B	
11:20	1500m	М	R1	
11:45	Javelin Throw	W	QB	
11:50	800m	W	R1	
12:40	400m H	М	SF	
13:05	Shot Put Dec	М	A+B	
13:15	400m H	W	SF	
EVENING SESSION				
	EVENING SESSION			

		EVENING SESSION		
	19:30	High Jump Dec	М	A+B
	20:15	Pole Vault	W	Final
	21:05	200m	W	SF
	21:33	Hammer Throw	W	Final
	21:40	400m	М	Final
	21:50	400m	W	Final
1	22:00	3000m SC	М	Final
	22:20	400m Dec	М	
	22:50	200m	М	Final

DAY 5 | TUESDAY 11 JUNE

/	MORNING SESSION				
2	00.05				
	09:35	110m H Dec	М		
	10:10	800m	W	SF	
	10:30	Discus Throw Dec	М	Α	
	10:35	Long Jump	W	Q A+B	
	10:45	4x400m Relay	М	R1	
	11:15	4x400m Relay	W	R1	
	11:35	Discus Throw Dec	М	В	
	11:55	Pole Vault Dec	М	Α	
	12:00	4x100m Relay	М	R1	
	12:30	4x100m Relay	W	R1	
	13:00	Javelin Throw	М	QA	
	13:10	Pole Vault Dec	М	В	
	14:25	Javelin Throw	М	QB	

EVENING SESSION				
19:05	Javelin Throw Dec	М	Α	
20:15	Javelin Throw Dec	М	В	
20:35	High Jump	М	Final	
20:55	Triple Jump	М	Final	
21:05	400m H	М	Final	
21:18	400m H	W	Final	
21:30	10,000m	W	Final	
21:36	Javelin Throw	W	Final	
22:30	1500m Dec	М	Final	
22:53	200m	W	Final	

DAY 6 | WEDNESDAY 12 JUNE

EVENING SESSION			
20:12	10,000m B-race	М	B-race
20:20	Pole Vault	М	Final
20:28	Javelin Throw	М	Final
20:54	Long Jump	W	Final
21:05	4x400m Relay	W	Final
21:17	4x400m Relay	М	Final
21:28	800m	W	Final
21:44	10,000m	М	Final
22:26	1500m	М	Final
22:40	4x100m Relay	W	Final
22:50	4x100m Relay	М	Final